



Interstate Crossroads Area of Narcotics Anonymous
P.O. Box 715 Washington, PA 15301

ICANA Minutes

Date: November 2, 2025

Time: 2:00 PM

Revised Form June 2025

- Call meeting to order & recite the Serenity Prayer.
- Readings of The Twelve Steps, The Twelve Traditions, The Twelve Concepts & the excerpt.
- Roll call of Trusted Servants:

Area Chair	Zach L	P	
Vice Chair	Dana V	P	
Secretary	Ashley V	P	
Vice Secretary	Sheree C	P	
Treasurer	Vinnie B	A	
Vice Treasurer	Craig B	A	
RCM	Brooks V	P	
RCM Alternate			V
H&I Chair	Nate M	P	
PR Chair	Don I	A	
Activities Chair	Paige H	P	
Steering Chair	Dan M	P	
Literature Chair	Matt G	P	
Vice Literature Chair	Kimbire H	P	
Web Servant	John P	P	
Vice Web Servant	Kyle D	A	
Retreat Liaison	Drew S	P	
BOD	Meagen P	A	
Convention Liaison			V

- Recognition of anniversaries, new groups, & new GSR's.
Jesse 30 days Jerry 10 yrs New GSRs: Peyton SNL, Jesse WITT, Adam Pay it For,
Ernie 1 yr Samantha Noon Alt, Julie PIF, Brooke UaA, Ed GUoD
New Group - Serenity Sisters Heather Wash I, Luke Tog Rec Is Poss
- Any questions on last month's minutes?
None

Subcommittee Reports	
• H&I	See Report
• Public Relations	See Report
• Activities	See Report
• RCM	2 Motions Tristate to change guidelines/subcommittee
• Convention Liaison	V
• Retreat Liaison	None
• Web Servant	New Meeting List is up
• BOD	Convention Clarification
• Steering	Reminder that anyone can attend

Group Reports			
Addict at Work	P	\$50	N/A
An Amazing Journey	R/O	\$150	N/A
A New Beginning	A		
Available to Us All	R/O	\$153	Not meeting 11/5
Brookwood Group	A		
BYOB	R/O	N/D	N/A
Capture the Miracle	P	\$20	N/A
Carmichaels Group	A		
The Choice	A		
Clean AF	P	N/D	Closed Thanksgiving
Common Bond	A		
Courage to Change	R/O	N/D	N/A
Diamonds in the Rough	R/O	\$20	Need Support
Eagle's Nest Recovery	P	N/D	N/A
Ends Are Always the Same	P	\$72	N/A
Freedom is in the Steps	A		
Give Yourself a Break	A		
Grow Up or Die	P	\$200	N/A
Hope & Freedom	A		
How It Works	P	\$12	Closed Thanksgiving
In Step	R/O	\$80	N/A

Journey, Too	A		
Light of Exposure	P	\$120	Need Active HG Members
Literature in Motion	A		
Living Clean	P	N/D	N/A
Make A Way	P	N/D	N/A
Meditation on Recovery	A		
Men & Women at Work	P	\$30	N/A
Mid-day Journey	P	\$140	Closed Thanksgiving
NA Night Cap	P	N/D	Black Friday Flick
Noon Alternative	P	\$25	N/A
Pay It Forward	P	N/D	N/A
The Promise is Freedom	P	N/D	N/A
Recovery in the End	A		
Saturday Night Live	P	N/D	N/A
Serenity Sisters	New Group		
Sink or Swim	P	N/D	Moving to St Pats
Stronger Together	A		
Sunday Morning Serenity	P	\$65	N/A
Sunday, Sunday, Sunday	P	N/D	Candlelight Thanksgiving
The Ties that Bind Us	A		
Third Tradition	P	\$32	N/A
Together Recovery is Possible	P	N/D	Can come off support list
Together We Can	P	\$50	N/A
Understanding & Application	P	N/D	N/A
Washington I	P	N/D	Need Support
Washington II	R/O	N/D	N/A
We Can Do It	P	\$80	N/A
We're in This Together	P	N/D	Need Active HG Members
Venetia Group	A		

- Sharing Session- Issues & Concerns.
Put more specifics for Care Center in information
- Old Business- Tabled motions or business from previous meetings.
None
- New Business- Motions or business new to the committee.
None
- Nominations- for Area, Region, & World positions.
None

Financial Subcommittee Reports

- Literature

o Beginning Balance \$	\$1,865.75
o Literature Sold \$	\$626.00
o Literature Purchased \$	\$708.95
o Ending Balance \$	\$1,782.80
- Treasurer

o Beginning Balance \$	\$2,755.84
o Collected \$	\$1,925.00
o Expenses \$	\$1,364.47
o Closing Balance \$	\$3,316.37

- Close the meeting with the Serenity Prayer.

- Adjourned **Time:** 2:39 PM

Minutes submitted by (Name/title): Ashley V - Secretary

ICANA H&I Meeting Minutes

12 in attendance

Opened meeting with Serenity Prayer at: 12:32

Date: 11/2/25

Read the 12 Steps, 12 Traditions and 12 Concepts ✓

Monthly Budget: ✓

New Panel Coordinators:
Brian M booked in SCI

New Panel Leaders:
Haley booked in SCI

Locations:

- Greenbriar Washington
Good
- Greenbriar Washington Detox*
Good
- Washington County Men's Jail absent
- Washington County Women's Jail
Possible New PC next month
- Washington Hospital 3A absent
PL
- SCI Green
New PC and PL
- Green County Men's Jail
- Green County Women's Jail
- Waynesburg Hospital Greenbriar absent

Old Business:

New Business:

Establish a contact for Greenbriar

Closed meeting with Serenity Prayer at: 12:56

Started with the serenity
prayer at 1:30 7 in attendance

no old business

new business were gonna
start holding work shops
again

end with serenity
prayer at 1:40

possibility to take NA
into nursing home ?

H & I

Report Only

ICANA Activities Report

Date:

11-2-25

Opened Meeting:

1 pm

In Attendance: 7

Old Business: Halloween event
No Donation back

New Business: will discuss next event next area
- discussed that if in activities then you
Should be at events to help
- need more people for activities
- missing decorations
Budget:

Closed Meeting: 1:30 pm

RCM Alternate- ✓

BOD- In need of support @ regional level

H&I Chair- * guidelines confusion - change ICANA guidelines to accurately reflect desire to attend 21 regional mtg

PR Chair- PG. 14 Section VII Letter B #7 *

Activities Chair- PG. 15 Section VIII Letter B #6
Decorations for halloween event missing from storage
- Need activities members to show up to events

Literature Chair- /

- Starting Balance \$ 1,865.75
- Purchases \$ 708.95
- Sold \$ 626.00
- Ending Balance \$ 1,782.80

Vice Literature Chair- /

Web Servant-

Vice Web Servant-

Convention Liaison-

Retreat Liaison- missed mtg - waiting on minutes

Steering Chair- Bring motion to table next month

Meeting closed with Serenity Prayer at: 3:47

Nov 25

Steering Committee Report

Meeting open with serenity prayer at: 2:50

Roll Call of Trusted Servants (P = Present V = Vacant A = Absent)

Area Chair: (P) Area Vice Chair: (P) Secretary: (P) Vice Secretary: (P)

Treasurer: (P) Vice Treasurer: (P) RCM: (P) RCM Alternate: (V) BOD: (P)

H&I Chair: (P) Public Relations: (A) Activities Chair: (P) Steering Chair: (P)

Literature Chair: (P) Vice Literature Chair: (P) Web Servant: (P) Vice Web Servant: (A)

Convention Liaison: (V) Spiritual Retreat Liaison: (I)

Reports

Area Chair- Discussion regarding new H+I @ nursing home

Area Vice Chair-

Secretary-

Treasurer-

- Starting Balance \$ 2755.84
- Income \$ 1925
- Expenses \$ 1364.
- Ending Balance \$ 3316.37

Vice Treasurer-

RCM- - STL subcommittee
- Spiritual retreat policy motions